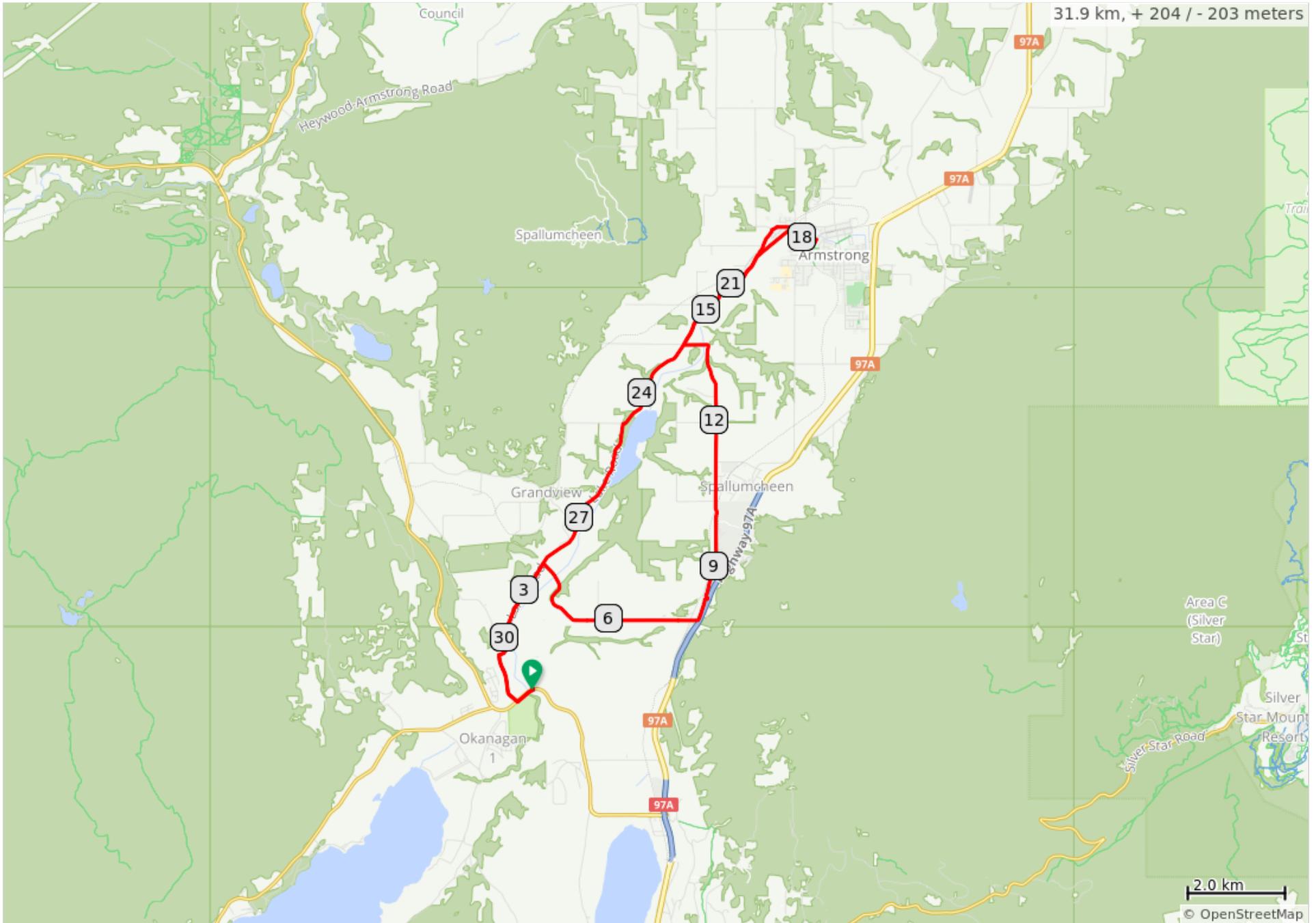


03 O'Keefe/Armstrong Short



31.9 km, + 204 / - 203 meters



03 O'Keefe/Armstrong Short

Num	Dist	Type	Note	Next
1.	0.0	📍	Start of route	0.0
2.	0.0	➔	R onto BC-97 N	0.4
3.	0.4	➔	R onto St Annes Rd (signs for Saint Annes Road)	1.1
4.	1.5	➔	R onto Otter Lake Rd	2.2
5.	3.7	➔	R onto Larkin Cross Rd	4.6
6.	8.3	⬆	At the roundabout, take the 3rd exit onto Otter Lake Cross Rd	5.9
7.	14.1	➔	R onto Otter Lake Rd	2.4
8.	16.6	➔	Slight R to stay on Otter Lake Rd	0.9
9.	17.5	➔	R onto Wood Ave	0.1
10.	17.7	➔	R onto Adair St	0.2

17.7 kilometers. +125/-120 meters

Num	Dist	Type	Note	Next
22.	31.9	📍	End of route	0.0

0.1 kilometers. +0/-0 meters

Num	Dist	Type	Note	Next
11.	17.9	←	L onto Park Dr	0.3
12.	18.2	➔	R onto Pleasant Valley Rd and into Park for LUNCH	0.2
13.	18.4	←	L onto Park Dr	0.3
14.	18.8	➔	R onto Adair St	0.2
15.	19.0	←	L onto Wood Ave	0.6
16.	19.6	←	L onto Fraser Rd	0.6
17.	20.2	⬆	Continue onto Otter Lake Rd	4.6
18.	24.8	←	L to stay on Otter Lake Rd	5.6
19.	30.4	←	L onto St Annes Rd	1.1
20.	31.5	←	L onto BC-97 S	0.4
21.	31.9	←	L	0.1

14.2 kilometers. +90/-96 meters