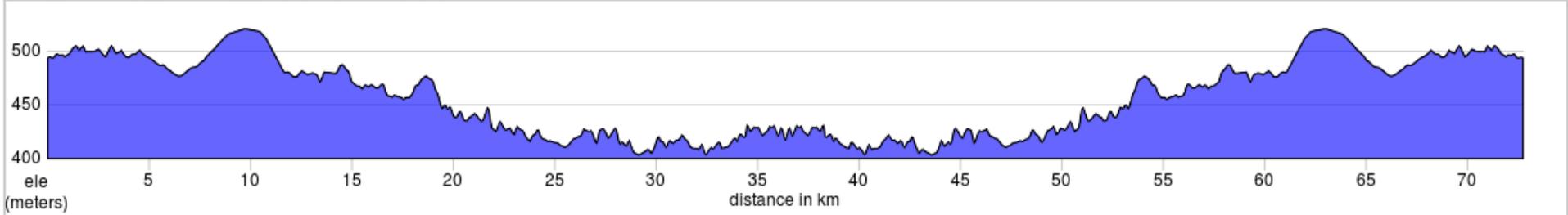
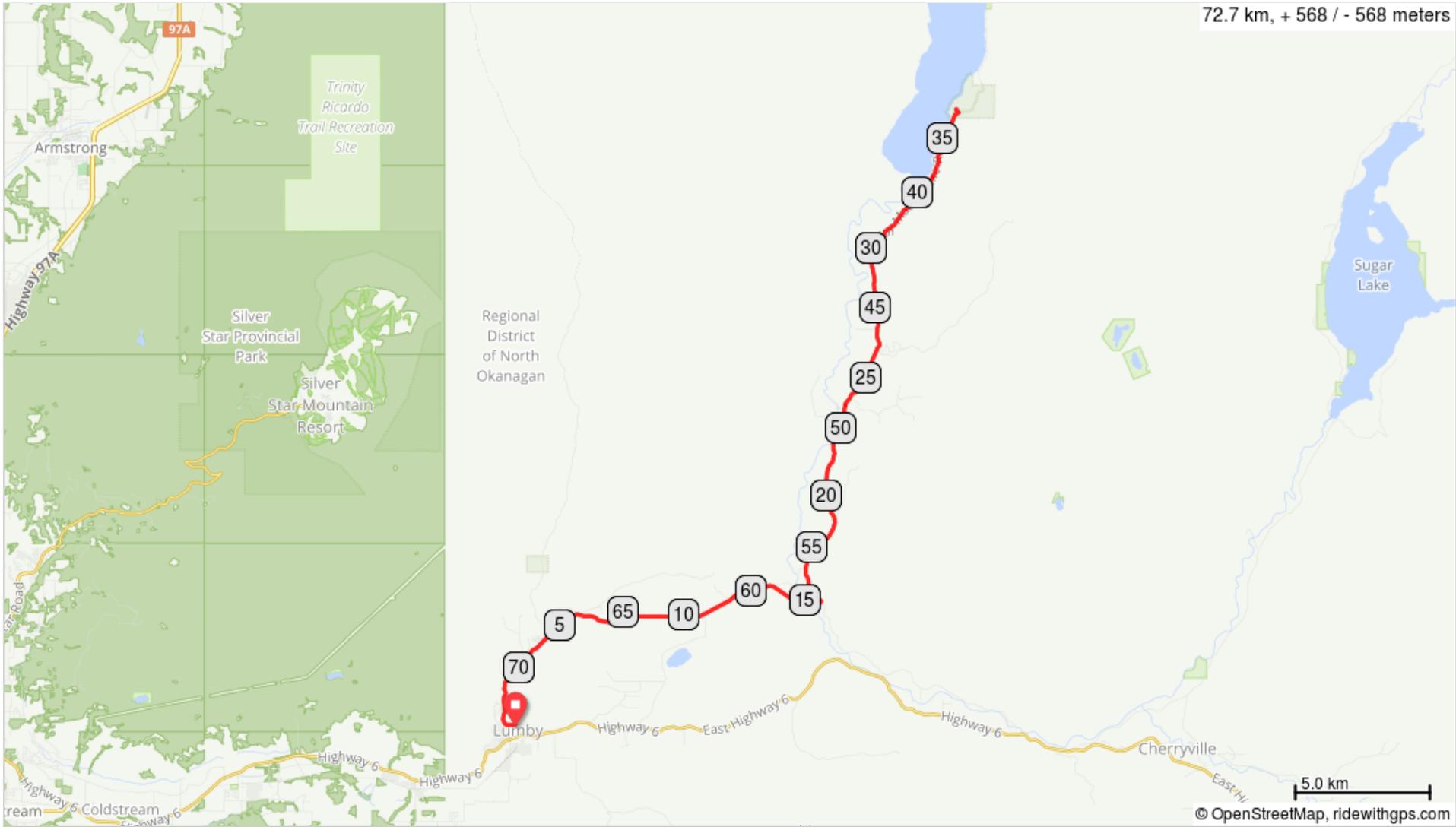


07 Lumby to Mabel Lake Long



72.7 km, + 568 / - 568 meters



07 Lumby to Mabel Lake Long

Num	Dist	Prev	Type	Note	Next
1.	0.0	0.0		Start of route	0.2
2.	0.2	0.2		Continue straight onto Shuswap Ave	1.2
3.	1.4	1.2		Continue onto Lumby-Mabel Lake Rd	14.1
4.	15.5	14.1		L to stay on Lumby-Mabel Lake Rd	19.8
5.	35.4	19.8		Keep L to stay on Lumby-Mabel Lake Rd	0.8
6.	36.2	0.8		L into park towards beach for LUNCH	0.3
7.	36.5	0.3		R onto Lumby-Mabel Lake Rd	20.7
8.	57.2	20.7		R to stay on Lumby-Mabel Lake Rd	14.1
9.	71.3	14.1		Continue onto Shuswap Ave	1.2
10.	72.6	1.2		Continue onto Maple St	0.2

72.6 kilometers. +535/-535 meters

Num	Dist	Prev	Type	Note	Next
11.	72.7	0.2		End of route	0.0

0.2 kilometers. +0/-0 meters