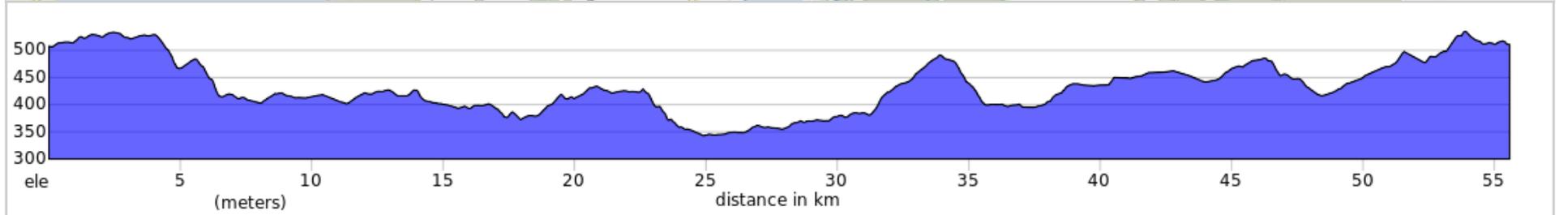
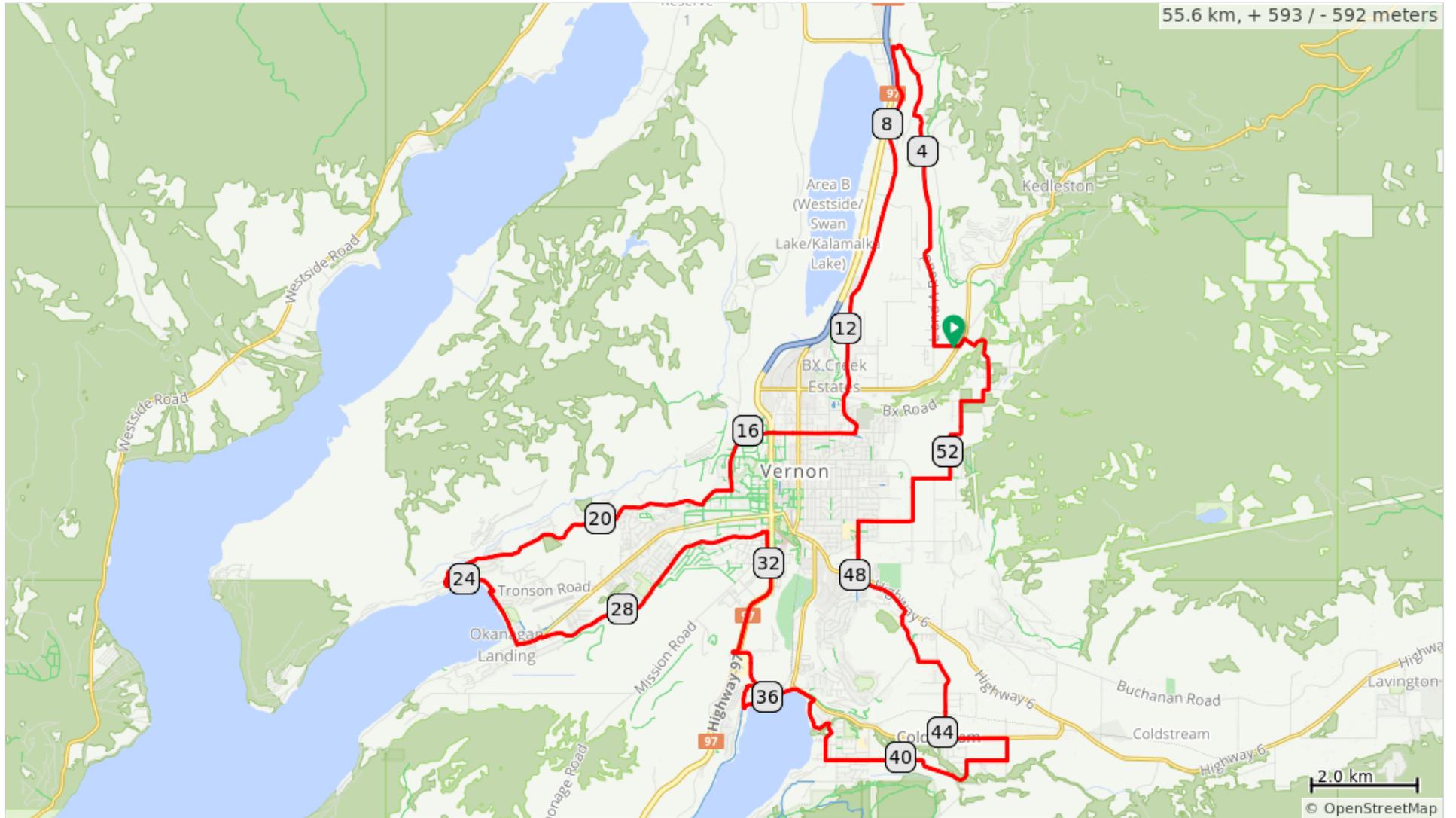


06 Tri-Lake Long



55.6 km, + 593 / - 592 meters



06 Tri-Lake Long

Num	Dist	Type	Note	Next
1.	0.3	➔	R onto L & A Rd	4.5
2.	4.8	➔	R onto Baker Hogg Rd	1.6
3.	6.4	➡	L onto Greenhow Rd	0.8
4.	7.2	➡	Slight L onto Pleasant Valley Rd	6.8
5.	14.0	➔	R onto 43rd Ave	2.1
6.	16.2	➡	L onto Alexis Park Dr	1.1
7.	17.3	➔	R onto 32nd Ave	0.7
8.	17.9	➔	R onto Bella Vista Rd	5.6
9.	23.6	➡	L onto Tronson Rd	1.0
10.	24.6	➔	R onto Lakeshore Rd	1.2
11.	25.8	➡	L onto Okanagan Landing Rd	0.5

25.4 kilometers. +189/-356 meters

Num	Dist	Type	Note	Next
23.	36.5	➔	R onto Kalamalka Rd	0.1
24.	36.6	⚡	LUNCH at Kal Beach	0.3
25.	36.9	➔	R onto Kalavista Dr	0.9
26.	37.8	➔	R onto Postill Dr	0.2
27.	38.0	➔	R onto Kidston Rd	0.6
28.	38.6	➡	L onto Coldstream Creek Rd	3.1
29.	41.6	➔	R onto Mackie Dr	0.8
30.	42.4	➡	L onto Howe Dr	0.4
31.	42.8	➡	L onto Kalamalka Rd	1.2
32.	43.9	➔	R onto Aberdeen Rd	1.5
33.	45.4	➡	L onto Middleton Dr	0.4

10.0 kilometers. +100/-27 meters

Num	Dist	Type	Note	Next
12.	26.3	➔	R toward Okanagan Ave	4.9
13.	31.2	➡	L onto 34 St	0.0
14.	31.2	➔	R onto 23 Ave	0.1
15.	31.3	➔	R onto 33 St	0.6
16.	31.9	➡	L onto DND - Okanagan College Connector Trail	0.1
17.	32.0	➔	R onto Jack Schratte Way	1.9
18.	33.9	➡	L onto Clerke Rd	0.1
19.	34.1	⬆	Continue onto College Way	0.8
20.	34.9	➔	R onto Kick Willie Loop Rd	0.2
21.	35.0	➡	L to stay on Kick Willie Loop Rd	0.4
22.	35.5	➡	L onto Westkal Rd	1.0

9.7 kilometers. +155/-95 meters

Num	Dist	Type	Note	Next
34.	45.8	➔	R onto Sarsons Rd	2.1
35.	47.9	➔	R onto Middleton Way	0.1
36.	48.0	⬆	Continue onto 15 St	1.0
37.	49.0	➔	R onto 25 Ave	1.0
38.	50.1	➡	L onto Francis St	0.8
39.	50.9	➔	R onto Black Rock Rd	0.4
40.	51.3	⬆	Continue straight onto E Vernon Rd	0.3
41.	51.6	➡	L to stay on E Vernon Rd	1.6
42.	53.2	➔	R to stay on E Vernon Rd	0.4
43.	53.6	➡	L to stay on E Vernon Rd	0.3
44.	53.9	➡	L to stay on E Vernon Rd	1.4

8.4 kilometers. +135/-82 meters

Num	Dist	Type	Note	Next
45.	55.3	←	L onto Silver Star Rd	0.2
46.	55.4	→	R onto E Dedecker Rd	0.0

1.6 kilometers. +0/-3 meters
