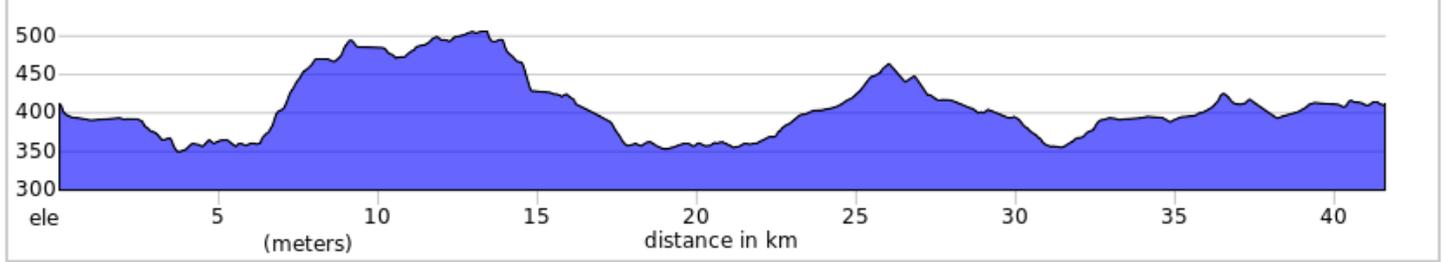
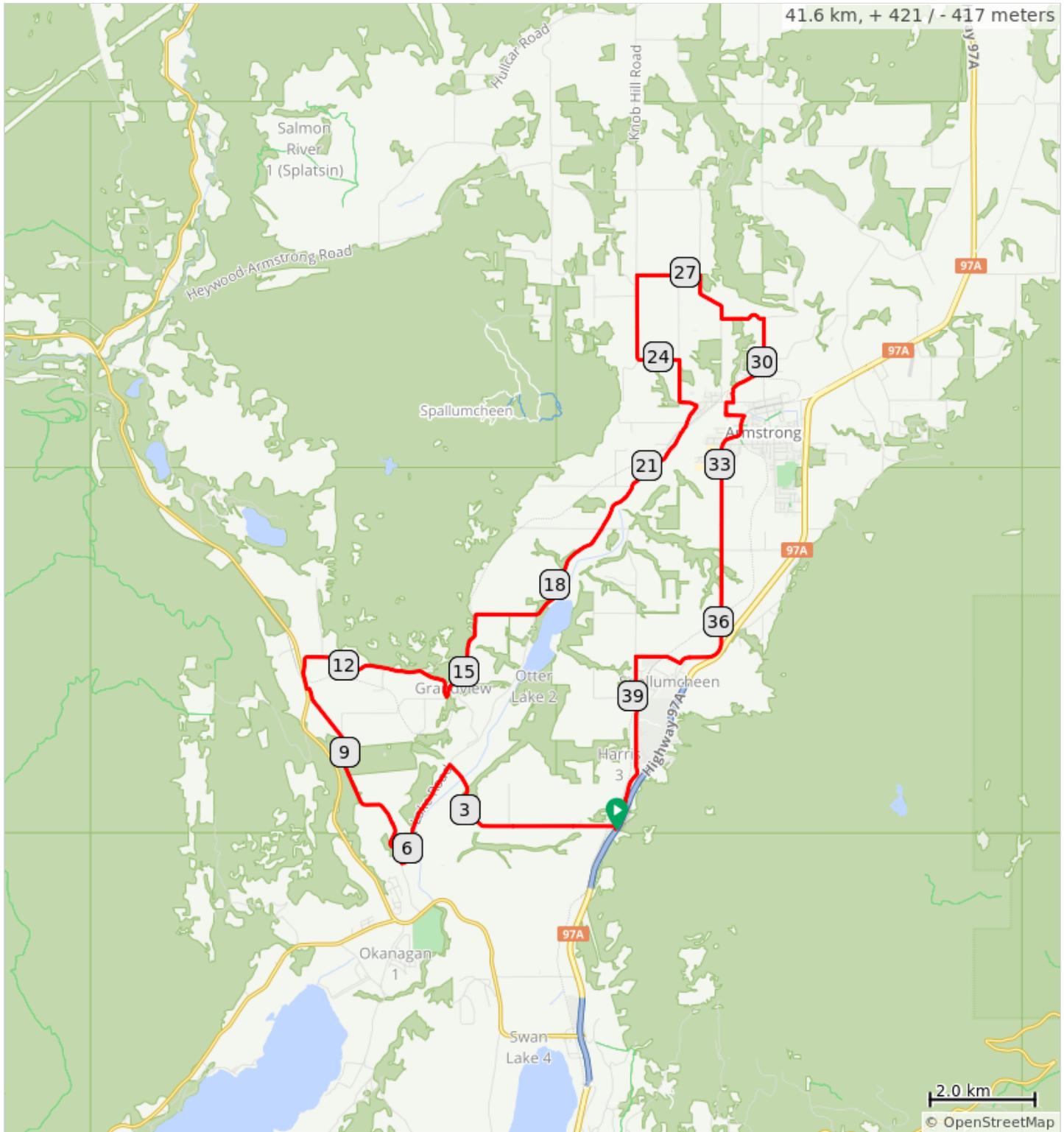


05 Spall Loop Short



05 Spall Loop Short

| Num | Dist | Type | Note |
|-----|------|-----------------------------------------------------------------------------------|--------------------------------------|
| 1. | 0.0 |  | Start of route |
| 2. | 0.1 |  | L onto Larkin Cross Rd |
| 3. | 4.2 |  | L onto Otter Lake Rd |
| 4. | 6.3 |  | R onto St Annes Rd |
| 5. | 10.5 |  | R onto BC-97 N |
| 6. | 10.9 |  | R onto Grandview Flats Rd |
| 7. | 14.3 |  | L to stay on Grandview Flats Rd |
| 8. | 17.3 |  | Continue straight onto Otter Lake Rd |
| 9. | 21.9 |  | Slight L onto Fraser Rd |
| 10. | 22.5 |  | L onto Wood Ave |
| 11. | 22.8 |  | Slight R onto Salmon River Rd |
| 12. | 23.6 |  | L to stay on Salmon River Rd |
| 13. | 26.0 |  | R onto Dodds Rd |
| 14. | 27.2 |  | R onto Schubert Rd |
| 15. | 28.3 |  | L onto Highland Park Rd |

28.3 kilometers. +310/-306 meters

| Num | Dist | Type | Note |
|-----|------|-------------------------------------------------------------------------------------|-----------------------------------------------------------|
| 16. | 29.1 |  | R to stay on Highland Park Rd |
| 17. | 31.1 |  | R onto Wood Ave |
| 18. | 31.2 |  | L onto Adair St |
| 19. | 31.5 |  | L onto Park Dr |
| 20. | 31.5 |  | LUNCH at Armstrong Park. |
| 21. | 31.8 |  | R onto Pleasant Valley Rd |
| 22. | 37.3 |  | R onto Crozier Rd |
| 23. | 38.2 |  | L onto Otter Lake Cross Rd |
| 24. | 41.0 |  | At the roundabout, take the 1st exit onto Larkin Cross Rd |
| 25. | 41.5 |  | L onto Larkin Pl |
| 26. | 41.6 |  | End of route |

13.3 kilometers. +103/-86 meters